

MARYLAND STATE ADVISORY COUNCIL ON PHYSICAL FITNESS
MEETING SUMMARY
November 6, 2006

MEMBERS PRESENT

Charles Chester
James Dorf
Lillian Greene-Chamberlain
Surina Jordan
Linda Kephart
Brenda Loube
Carl Runk
Teresa Seifert
Joe Shafran

MEMBERS ABSENT

Larry Hughes
Donna Lynn
Sharon Meadows
Joyce Riggs
Kate Rumbaugh

STAFF PRESENT

Pat Boehm
Ann Walsh

GUESTS

Karen Beleck

WELCOME AND INTRODUCTIONS

Chairperson *Brenda Loube* convened the meeting at 4:39 P.M. in the Maryland Department of Health and Mental Hygiene Secretary's Conference Room by welcoming the group. New member Surina Jordan was introduced.

MEMBERSHIP

There are currently 17 active members. The Council is mandated to have 25 members and 8 applications have been submitted to fill the vacancies.

FITNESS COUNCIL MEMBER HANDBOOK

Ann Walsh discussed the draft member handbook for Council members. Attending members were given copies and asked to review and comment on the format. A final vote is expected in January to formally adopt the handbook that contains the mission, goals, structure, history, and meeting guidelines for the Council.

STRATEGIC PLANNING RETREAT

A strategic planning retreat is scheduled for December 4, 2006. Teresa Seifert and Ann Walsh will look into meeting locations in Baltimore City and Prince George's County. Members who can attend the morning meeting on December 4th are asked to bring a list of projects or action items to discuss. The goal of the retreat is to create comprehensive plan for the next fiscal year with measurable objectives.

FITNESS COUNCIL LEADERSHIP AWARDS

Last year 15 applications were received for the inaugural leadership awards. This year 20 applications were received and 16 were eligible for review. The Council split into the three respective subcommittees (youth, adult, older adult) and reviewed the applications. The youth committee decided not to award a recipient this year because the applicants did not exemplify the award criteria. The adult and older adult subcommittees needed more time and will be

submitting their recommendations by the end of November. Members of the Council asked for the awards process to be discussed at the strategic planning retreat.

AAHPERD BOOTH

The American Alliance for Health, Physical Education, Recreation and Dance will be holding their annual convention in Baltimore March 13-17th. Ann Walsh and Brenda Loube are exploring the opportunity to have a Fitness Council booth at the convention. If anyone is interested or knows someone who is interested in sponsoring the \$400 booth on behalf of the Council please contact Ann or Brenda. For more information on the event or assisting with the event please contact Linda Kephart.

OTHER BUSINESS

-The Healthy Eating Active Lifestyle (HEAL) coalition of Maryland is hosting an open meeting in conjunction with the Maryland Nutrition and Physical Activity Plan on November 16, 2006 at the BWI Ramada. To register (free) contact Teresa Moore at tmoore@dnhm.state.md.us.

-The endorsement project discussed at the September meeting is being tabled until after the strategic planning retreat.

-Ann Walsh is drafting a Council brochure. Drafts will be available at the strategic planning retreat.

-Charles Chester updated the group on legislative issues. Post cards were available at the meeting to send to legislators about P.E. recommendations.

-Brenda Loube distributed information on the November 15th meeting of the President's Council on Physical Fitness open meeting. For information about the meeting contact Ann Walsh.

NEXT MEETING

The next meeting is Monday January 8, 2007 at 4:30 PM in the Secretary's Conference Room at the Maryland Department of Health and Mental Hygiene (201 W. Preston Street).

The strategic planning retreat is scheduled for Monday December 4th from 9 AM to 12 noon at Prince George's County Community College. An agenda and directions will be sent closer to the date.

ADJOURNMENT

The meeting was adjourned at 6:30 PM.