

MARYLAND STATE ADVISORY COUNCIL ON PHYSICAL FITNESS
MEETING SUMMARY
March 5, 2007

MEMBERS PRESENT

Charles Chester
James Dorf
Lillian Greene-Chamberlain
Larry Hughes
Surina Jordan
Linda Kephart
Brenda Loube
Lee Meizlesh
Joyce Riggs
Teresa Seifert

MEMBERS ABSENT

Donna Lynn
Sharon Meadows
Pamela Peeke
Carl Runk
Joe Shafran

STAFF PRESENT

Ann Walsh

GUESTS

WELCOME AND INTRODUCTIONS

Chairperson *Brenda Loube* convened the meeting at 4:33 P.M. in the Maryland Department of Health and Mental Hygiene Secretary's Conference Room by welcoming the group.

- Ms. Loube updated the Council on current membership numbers. The Council discussed attendance and strengthening the expertise and scope of Council membership.
- Ms. Loube will be meeting with Governor O'Malley this spring to discuss the role of the Council and projects that he would like to see accomplished.

FITNESS COUNCIL MEMBER HANDBOOK

Ann Walsh distributed membership handbooks to those in attendance.

- Please sign and date the acknowledgement page on the inside cover of the handbook at the next meeting on May 7th.
- The Council discussed using the handbook for new member training.
- Questions and comments regarding the handbook can be addressed to Ann Walsh.

FITNESS COUNCIL LEADERSHIP AWARDS

The following discussion was held regarding the leadership awards:

- James Dorf, Surina Jordan, Lee Meizlish, and Ann Walsh will be attending an awards ceremony for Towson University/Baltimore County Dept. of Aging on Tuesday March 13th. The ceremony is being held by Towson University to present the Dept. of Aging with their citation for winning the Council's Excellence Award in the Older Adult category.
- Ms. Loube asked for a specific awards committee to be formed that will handle the restructuring of the award (time-line and application) and scoring of the nominees.
 - The Council discussed if the committee should select the winner or bring recommendations to the general Council for a final vote.
 - Lee Meizlish, Linda Kephart, and Teresa Seifert volunteered to be on the awards committee.

FITNESS COUNCIL SUBCOMMITTEES

The following discussion was held regarding additional subcommittees of the Council:

- The Council agreed to form 3 subcommittees to carry out specific projects: Education/Communication, Legislative, and Awards.
 - The Education/Communication committee will be responsible for the information about the Council on the website, the fitness recommendations, and other education projects as they arise. James Dorf, Lillian Greene-Chamberlain, and Larry Hughes volunteered to be on the education committee.
 - The Awards Committee is previously discussed in the minutes.
 - The Legislative Committee will be responsible for updating the Council on current legislative issues regarding Physical Activity and what position the Council will have (if appropriate).
- The Council discussed accountability for the committees. Each committee will be asked to report at the Council meetings on current projects and activities.

OTHER BUSINESS

- The Council discussed the possibility of allowing members to participate in meetings via conference call. No formal policy was adopted. The issue will be discussed again at the May meeting.
- A consortium of partners will be hosting an obesity symposium in June entitled “Healthy Active Maryland: Promising Practices for Addressing Obesity.” The all-day event will include roundtable sessions regarding obesity prevention, chronic disease, and other areas yet to be determined. There will be displays for success stories from local health departments and other community groups and possible vendor space. The location is yet to be determined.
 - The Council discussed the possibility of the Education Committee working on a display supporting America on the Move and distributing pedometers. This will be added to the Council’s agenda for the May meeting.
 - Charles Chester is a member of the planning committee.
- Brenda Loube volunteered to be on a grant review committee for the DHMH Division of Chronic Disease Prevention for a FY08 Worksite Wellness Grant.
- The Council discussed moving the location of the website to a more prominent place on the DHMH webpage. The group agreed to send a letter to the Secretary requesting this.
- The Council discussed possible sponsorships and how this can be done. Ann Walsh volunteered to look into this.

NEXT MEETING

The next meeting is Monday May 7 at 4:30 PM in the Secretary’s Conference Room at the Maryland Department of Health and Mental Hygiene (201 W. Preston Street).

ADJOURNMENT

The meeting was adjourned at 6:10 PM.