

MARYLAND STATE ADVISORY COUNCIL ON PHYSICAL FITNESS

MEETING SUMMARY

MAY 4, 2009

MEMBERS PRESENT

Jennifer Bistrack
Charles Chester
Dominique Dawes
Jill Fellman
Carlos Garcia
Lillian Greene Chamberlain
Larry Hughes
Surina Jordan
Linda Kephart
Brenda Loube
Lee Meizlesh
Jeanne Ruff
Michael Shaw
Rick Towle
Andy Vineberg
Youfa Wang

MEMBERS ABSENT

Craig Bennett
Jason Bosley-Smith
James Dorf
Vik Khanna
Kevin Lavrone
Amy Price

STAFF PRESENT

Audrey Regan

GUESTS

Zack Nickey
Susan

WELCOME AND INTRODUCTIONS

Chairperson Brenda Loube convened the meeting at 4:40 pm. The minutes from the April 6, 2009, meeting were approved.

SUBCOMMITTEE UPDATES

The following subcommittee reports were given:

- Awards Committee: Lee gave an update on the Awards process and his thoughts on adding additional award categories. There was discussion of moving the application submission and presentation of awards to a different time of year. Brenda also recommended that there be a subcommittee of the previous recipients of the awards. The subcommittee would then be a resource to spread the word of the award and increase awareness for local communities, and the state as a whole in submitting applications for awards.

- Education/Communication Committee: Speakers Bureau: Andy and Michael presented the revised PowerPoint presentation that can be used by Council Members when speaking on behalf of the Council. Andy will add some items to the PowerPoint and then submit it to Brenda for approval and vote on by the entire council..
- Endorsement: The endorsement committee is close to getting the documentation online for interested parties to use for consideration for endorsement from the council. There was a discussion about providing a disclaimer on events. Charles Chester volunteered to draft a disclaimer for the Council to then be submitted to the department.
- Legislation: Charles Chester gave an update on the physical education legislation.

NEW BUSINESS

The following items were discussed:

- Lillian discussed the HOPSPORTS® Training Systems and shared information with the group. A representative from HOPSPORTS® will be invited to speak at the September meeting and show a demonstration for the Council to take part in. Rick and Jen offered to look for a location for the demonstration. Carlos also volunteered to see if the Du Burns Arena would be available.
- Brenda offered the idea to start a walking committee, since it is Maryland's Official State Exercise. Rick offered to chair this committee with the goal being to develop the Walking as a State Exercise program and raise awareness of walking for the state of Maryland. In addition, bringing more attention to the state exercise by having a Day of Walking in the Fall of 2009.

NEXT MEETING

The next scheduled meeting of the Council is Monday September 14, 2009

ADJOURNMENT

The meeting was moved to adjourn at 5:55pm.