

MARYLAND STATE ADVISORY COUNCIL ON PHYSICAL FITNESS MEETING SUMMARY

January 7, 2008

MEMBERS PRESENT

Lillian Greene Chamberlain
Surina Jordan
Linda Kephart
Brenda Loube
Lee Meizlesh
Teresa Seifert
Joe Sharfran

MEMBERS ABSENT

Charles Chester
James Dorf (excused)
Larry Hughes (excused)

STAFF PRESENT

Ann Walsh

WELCOME AND INTRODUCTIONS

Chairperson Brenda Loube convened the meeting at 4:55 PM

MEMBERSHIP UPDATE

The Governor's Office of Appointments is currently processing 6 applications.

SUBCOMMITTEE UPDATES

The following subcommittee reports were given:

- Education/Communication: The final version of the revised resource page was distributed. The page should be posted within the week to the website. The committee is now going to be looking at a recognition or endorsement program for the Council. Surina Jordan will have a draft outline of the project for discussion at the March Council meeting. The time frame is to have the first applications accepted in fall 2008 and to have the program up and running in full for 2009.
- Awards: 8 applications were received. See attached summary. Notification letters will be mailed with certificates of recognition to those who were not selected. Brenda is in the process of setting up the photo opp with the Governor's office. The subcommittee will be hosting an evaluation conference call in Jan/Feb to discuss feedback and potential changes. Ann Walsh will coordinate the call.
- Legislation: The following PE legislation is going to be submitted by Del. Cardin and the Healthy Schools Coalition. The Council decided to defer to Charles Chester on any action to support the bill. Council members are available to testify as private citizens if needed.

“The goal of this legislation is to provide a daily program of physical activity totaling 150 minutes a week which will include a minimum of 90 minutes of PE and the balance to be made up of recess and other developmentally appropriate, moderate to vigorous physical activity. The legislation will apply to grades PreK to 5. If a school district is not currently meeting these requirements, it may apply for an extension of up to three years provided it has a plan for full compliance by July 1, 2011, at which time all extensions will expire. Each elementary school shall designate a physical activity leadership team to plan and coordinate opportunities for the additional developmentally appropriate, moderate to vigorous activity requirement. “

OLD BUSINESS

The following items were discussed:

- Ann Walsh has a limited number of patches and buttons for Council members that would like them. Please email her with the amount you would like and where to send them.

NEW BUSINESS

The following items were discussed:

- The Council discussed current and previous issues with parking at State Center. Brenda Loubé will be submitting a letter on behalf of the Council to the head of Central Services (houses parking) and the head of DGS Security (they work the check point).
- Ann Walsh is in the process of booking a booth for the Fitness Council at the 2008 One Less Car legislative fair in February in Annapolis. The booth will have buttons, pedometers, and walking maps of Annapolis for delegates. The Council will have to volunteer to staff the booth, Ann Walsh will coordinate with members.
- A 2007 Annual Report will be distributed at the March meeting.

NEXT MEETING

The next scheduled meeting of the Council is Monday March 3, 2008.

ADJOURNMENT

The meeting was adjourned at 6:20 PM.