

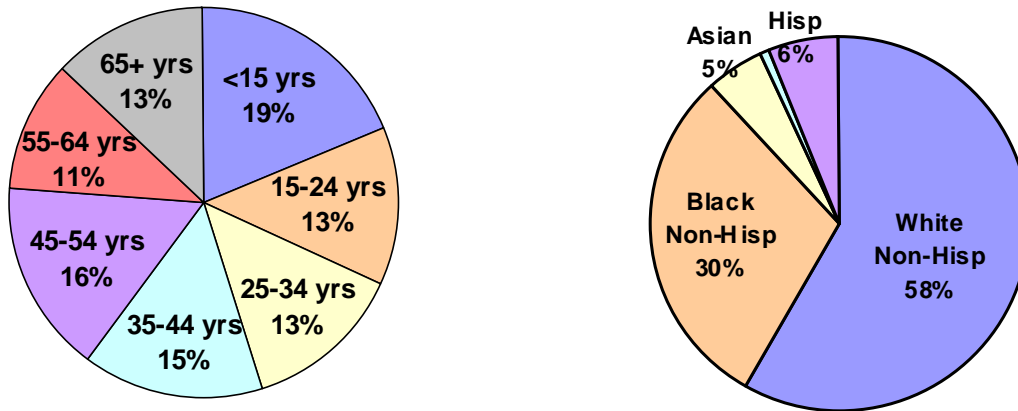


## Summary: Health of Maryland Women 2008 (Updated 2009)

### Maryland Female Population (Source: Maryland Vital Statistics Annual Report 2007)

There are 2.9 million females in Maryland, making up 51.6% of the total population. From birth to about age 25, males make up a slightly greater percentage of the Maryland population. However in the 80+ age group, there are nearly twice as many females as males.

Female Population by Age, Race and Ethnicity, Maryland 2007



### Health Care Coverage

**Nine percent** of Maryland adult females live **below the federal poverty level**. Black and Hispanic women have twice the poverty rates of white non-Hispanic women. (Source: U.S. Census Bureau 2006)

**Fifteen percent** of females have **no health insurance** (no private insurance or Medical Assistance). Nearly 40% of Hispanic women have no health insurance. (Source: Maryland Health Care Commission 2006)

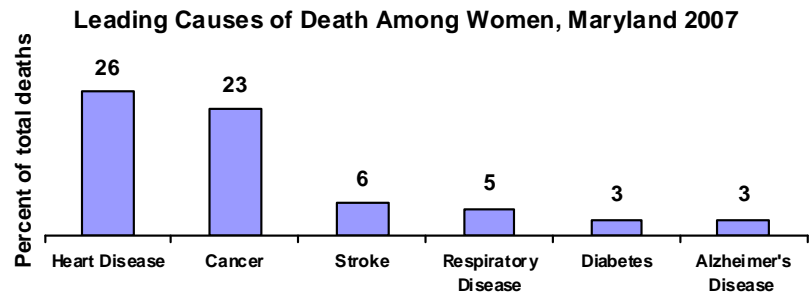
### Life Expectancy (Source: Maryland Vital Statistics Annual Report 2007)

Life Expectancy for Infant Born in 2007 by Sex and Race

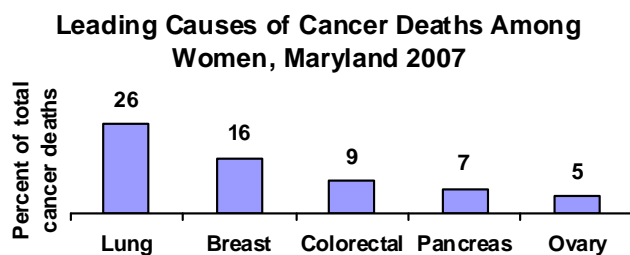
Female	Male	Female		Male	
		White	Black	White	Black
80.7 years	75.4 years	81.6 years	78.0 years	76.9 years	70.9 years

## Leading Causes of Death (Source: Maryland Vital Statistics Annual Report 2007)

In 2007, there were 22,110 deaths among Maryland women. **Heart disease and cancer** were the two most common causes of death and accounted for nearly half (49%) of all female deaths (for both men and women).



Among women **ages 15-24**, the leading causes of death are **accidents, homicide and suicide**. In Maryland, **HIV** is the second leading cause of death (cancer is first) among **black women ages 25-44** years old.



In 2007, there were 5,019 deaths due to cancer among Maryland women. **Lung cancer accounted for over one-fourth of all cancer deaths among women—more than breast and colorectal cancer combined.**

## Depression and Suicide

In 2006, **9%** of women and 5% of men in the U.S. experienced a major **depressive episode in the past year** (Source: 2006 National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration). Among adult women, rates of depression are highest for ages 18-34 (12%) and ages 35-49 (10%) and lowest for 50+ years (6%). Non-Hispanic White women have higher rates of depression (10%) than Black (7%), Hispanic (7%) or Asian (4%) women. (Source Maryland BRFSS 2007)

**Postpartum Depression – Fifteen percent of new mothers in Maryland** reported feeling depressed during the postpartum time period (Source: Maryland PRAMS 2004-2007).

In Maryland, there were 111 suicides among women in 2007. **Suicide rates were highest for Non-Hispanic White (5.0 per 100,000 women) and Asian (5.2) women and lowest for Non-Hispanic Black (1.9) women. Suicide rates were highest for women ages 45-64 and lowest for women 65+ years of age.** (Source: Maryland Vital Statistics Annual Report 2007)

**Intimate Partner Violence and Homicide** (Source: 2007 Uniform Crime Report, Maryland State Police)

In 2007, females were the victims in 75% of Maryland crimes (n=19,391) associated with intimate partner violence (IPV). Assault accounted for 92% of IPV crimes against women. Of the 85 female homicides in 2007, at least 29% (25) was attributed to IPV. In contrast only 1% of male homicides (4 out of 491) was attributed to IPV.

Homicide is the leading cause of pregnancy-associated deaths in Maryland. (Source: Vital Statistics Administration, 1993-2007)

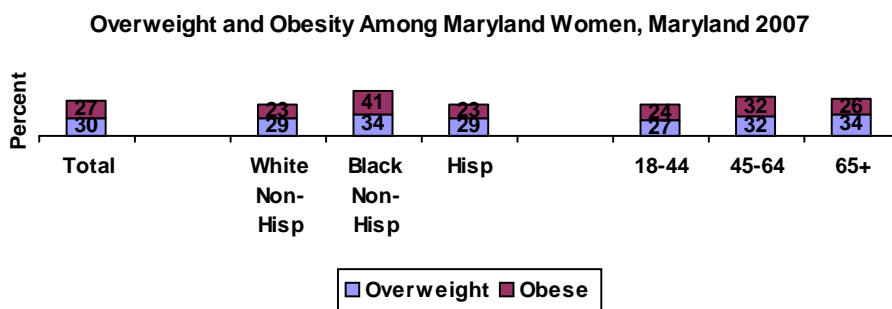
**Cigarette Smoking** (Source: Maryland Vital Statistics Annual Report 2007)

In 2007, **16% of adult women reported smoking cigarettes** during the past month. Smoking was most prevalent among women ages 18-44 (18% smoked) and 45-64 (17% smoked). It was lowest among women 65 years of age or more (8% smoked). Smoking was most prevalent among non-Hispanic White and Black women (17% smoked) and least among Hispanic Women (12% smoked).

**Alcohol Use** (Source: Maryland Vital Statistics Annual Report 2007)

In 2007, **9% of women reported at least one binge drinking** episode during the past month and **4% reported chronic drinking** (at least one drink per day during the past month). Both binge and chronic drinking were reported most commonly by non-Hispanic white women. Binge drinking was most common among women ages 18-44 and chronic drinking was common among women under 65 years old.

**Weight** (Source Maryland BRFSS 2007)



In 2007, 57% of Maryland women reported they were overweight (30%) or obese (27%).

**Chronic Conditions** (Source Maryland BRFSS 2007)

Percent of Maryland adult women who reported being told by a provider they had:

	<u>All ages 18+</u>	<u>Ages 65+</u>
Arthritis.....	31%	63%
Asthma (currently have).....	11%	10%
Diabetes.....	8%	18%
Hypertension.....	30%	62%
Osteoporosis.....	8%	24%